Kentucky Group Health Insurance Board MINUTES

Personnel Cabinet Frankfort, KY 40601 Regular Monthly Meeting Held on March 27, 2018

Board Members:

Administrative Office of the Courts	John Scott, proxy for Laurie Dudgeon
Advisory Committee for State Health	Tommy Loving, Vice Chairperson and
Insurance Subscribers	Jane Gilbert, proxy
Auditor of Public Accounts	Alice Wilson, proxy for Mike Harmon
Department of Education	Absent
Department of Insurance	Absent
Finance and Administration Cabinet	Troy Robinson, proxy for William Landrum
Kentucky Education Association	Brent McKim
Kentucky Education Support Professionals	Janet Allen
Association	
Kentucky Retirement Systems	Mary Helen Peter
Kentucky Transportation Employees	Absent
Association	
Office of State Budget Director	Teresa Sanders, proxy for John Chilton
Personnel Cabinet	Thomas Stephens, Chairperson
Teachers' Retirement System	Steve Gillespie

(Quorum Present)

Support Staff Present:

Jenny Goins, Commissioner, DEI
Matt Hall, Deputy Commissioner, DEI
Donna Marcum, Staff Assistant, DEI
Jen Alvis, Staff Assistant, DEI
Jessie Drury, Special Assistant, DEI
Bruce Cottew, Healthcare Data Administrator, DEI
Twany Beckham, Wellness Director, DEI
Paula Chisholm, Financial and Data Services Division Director, DEI
Robin Hartman, Executive Staff Advisor, Personnel Cabinet

Vendor Staff Present:

Sonny Jones, Anthem Eric Poston, Truven Health

I. CALL TO ORDER

Secretary Stephens called the March 2018 meeting of the Kentucky Group Health Insurance Board (KGHIB) to order at 2:01 p.m., Eastern Standard Time on March 27, 2018, at the Kentucky State Office Building, Frankfort, Kentucky. The recording secretary called roll.

II. REVIEW AND APPROVAL OF MINUTES

Secretary Stephens presented the minutes from the February 2018 meeting to the Board for approval, whereupon motion duly made, seconded and unanimously adopted, the minutes were approved as submitted at the March board meeting.

III. KGHIB MEMBER UPDATE

Secretary Stephens introduced Janet Allen as the new KGHIB member representing the Kentucky Education Support Professionals Association.

IV. KEHP UPDATE

Commissioner Jenny Goins updated the board on the following:

- The annual biometric screening event for the Legislative Research Commission (LRC) took place on March 21, 2018:
 - One hundred and four legislative leaders and staff completed their biometric screenings.
 - O Customer service representatives from Go365, Premise Health, Vitals, Anthem, and Deferred Comp were present and available to answer questions and offer support regarding benefits offered by the health plan.
 - Commissioner Goins recognized and thanked Jen Alvis, Jessie Drury, Jackie Saylor, Robin Hartman, and the staff from our vendor partners for their efforts in making the event a success.
- Twany Beckham, Wellness Director, and LaDonna Koebel, Chief of Staff, plan to speak collaboratively to Kentucky Department of Juvenile Justice staff about the portfolio of health benefits available.
- The Anthem Podcast for KEHP members encountered technical difficulties early in
 the month as the podcast was only available with Internet Explorer and was not
 compatible with Apple products. The Anthem team quickly resolved the issue and the
 podcast is now available across all platforms. The next podcast scheduled for release
 in the summer will be more of a true podcast that will include a discussion-based
 format
- Commissioner Goins participated in a kick-off meeting of a Faith-Based Initiative to tackle diabetes and opioid issues in Kentucky communities.
 - Participants included leaders from CHFS Department of Public Health, Medicaid Services and DEI
 - o The next meeting is scheduled for April 16
- The first letters to members notifying them of the Dependent Eligibility Audit go out at the end of next week.
- Legislative update:
 - o Commissioner Goins gave special thanks to Deputy Commissioner Matt Hall for his guidance and support through this legislative season.
 - Secretary Stephens and Commissioner Goins had the opportunity to discuss KEHP budget needs with the House and Senate Free Conference committee on Monday, March 26, 2018.

V. KENTUCKY CHAMBER WELLNESS CONFERENCE

Commissioner Goins and KEHP's Wellness Director, Twany Beckham, gave a preview of the information they will be presenting at the Kentucky Chamber Wellness Conference:

- Twany had all attendees' perform a stretching exercise.
- Twany spoke about how KEHP uses multiple communication methods to promote culture change of wellness habits.
- Commissioner Goins presented data on how achieving a Go365 status of Silver or higher is cost saving to the health plan.
- Jenny and Twany both shared success stories of members who have made life altering habit changes stemming from the KEHP Wellness Program.

VI. OLD / NEW BUSINESS

KEHP will post 2018 KGHIB meeting minutes to the KEHP webpage.

There being no further business, Secretary Stephens adjourned the meeting at 2:56 p.m., Eastern Standard Time. The next KGHIB meeting is Tuesday, April 24, 2018. The meeting will be at the Kentucky State Office Building, 501 High Street, in Frankfort, Kentucky.

Submitted by:

Jessie Drury

Chaired by

Thomas Stephens

Recording Secretar

Personnel Cabinet Secretary